

Become a Volunteer

“Welcoming people to Fairlawn worship is at the core of everything we do.”

Explore Spirituality with Fairlawn.

The search for spirituality is something we do every day – we try to find meaning and live our purpose in our community. It is a life-long pursuit with many difficult questions to answer, concepts and ideas to consider. At Fairlawn Avenue United Church, the search for spirituality is about asking better questions, and living into those questions, together.

The Explore Spirituality Council is responsible for creating and refining programs that provide the congregation and visitors – of all ages – with opportunities to experience and explore their spirituality in many ways. These include Adult Education; attending weekly joy-filled services of Worship, centred with contemporary sermons that keep our minds and hearts engaged with the world we live in; and our Children and Youth ministry.

Council members, clergy, staff and volunteers endeavor to ensure that worship services and Explore Spirituality events are authentic, joyful and expressive. Music, meditation and prayer are three cornerstones of our celebrations and provide moments for personal reflection and peace. Led by our music director and our Senior, Intermediate and Junior choirs, our music can take us to an oasis of calm in our otherwise busy world.

At Fairlawn, exploring our own spirituality also manifests itself in our service to others. We plan worship services, provide volunteers to greet congregants and guests both inside and out, gather offerings, prepare and serve Communion, and operate

(Continued on reverse)



FAIRLAWN
Connect with what matters in life.

If exploring spirituality is a part of your life, or something you want to focus on some more, it might be time to join with others like you at Fairlawn Avenue.

There are many benefits to volunteering, says John, citing his experience of serving communion. "You get more out of it when you're serving than receiving. It's a different experience."

Explore Spirituality Council members meet on the third Tuesday of every month for one-and-a-half hours. The time commitment for volunteer work is typically an hour or so on Sundays.



the sound and video systems. Welcoming people to Fairlawn worship is at the core of everything that Explore Spirituality Council volunteers do, according to its interim chair John Kimmel. As John sees it, "It's like having people over in your home. I'm the host and members of the congregation are the guests. You give them a warm hand and a big smile. You want to make sure they're comfortable and you see to their needs." In addition to helping in weekly worship services, volunteers also support special services (Ash

Wednesday, Longest Night/Blue Christmas, Palm Sunday, and Special Music Sundays) and programs such as Spirit Space, Six Degrees, Youth Program, Women's Spirituality Groups and the Christian Meditation Group.

There's also a sense of accomplishment in helping others. "You're part of a team and you've done something that benefits others," John continues. "A lot of us do it because someone

Flourish in the Spirit.

Together, we will make a positive contribution to this community and the world.

for us. It's repaying the kindness that was given to you. It's giving back." John says that the work of meeting strangers, welcoming and making them feel at ease in church has allowed him to use and improve his interpersonal skills. The emotional and spiritual reward one receives from volunteering is tremendous, he adds. "If all the work you do is paid, it's a dry and unfulfilling experience."

It's easy to get Involved:

Email: ES@fairlawnavenueunited.ca

Visit: www.FairlawnChurch.ca/Volunteer