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TIME MANAGEMENT
FOR MORTALS



OLIVER BURKEMAN



“This is the most important book ever written
about time management.”

ADAM GRANT, #1 *New York Times* bestselling author
of *Think Again* and host of *WorkLife*

Fairlawn Avenue United Church
Sunday, October 15, 2023
10:30am

Rev. Dr. Cameron Watts
Rev. Jean Ward
Eleanor Daley, Director of Music
Fairlawn Avenue Senior Choir

Welcome and Acknowledgements

Prelude

Jesus, Tempted in the Desert
 Soprano – Anne Bornath, Amy Dodington
 Alto – Andrea Ludwig, Sophia Vassiliadis
 Tenor – Phil Smith, Mark Wood-Salomon
 Bass – Doug MacNaughton, Giles Tomkins

Geistliche Volkslieder, 1858

Jesus, tempted in the desert, lonely, hungry, filled with dread:
 “Use your power,” the tempter tells him; “turn these barren rocks to bread!”
 “Not alone by bread,” he answers, “can the human heart be filled.
 Only by the Word that calls us is our deepest hunger stilled!”

Jesus, tempted at the temple, high above its ancient wall:
 “Throw yourself from lofty turret; angels wait to break your fall!”
 Jesus shuns such empty marvels, feats that fickle crowds request:
 “God, whose grace protects, preserves us, we must never vainly test.”

Jesus, tempted on the mountain by the lure of vast domain:
 “Fall before me! Be my servant! Glory, fame, you’re sure to gain!”
 Jesus sees the dazzling vision, turns his eyes another way:
 “God alone deserves our homage! God alone will I obey!”

When we face temptation’s power, lonely, struggling, filled with dread,
 Christ, who knew the tempter’s hour, come and be our living bread.
 By your grace, protect, preserve us, lest we fall, your trust betray.
 Yours, above all other voices, be the Word we hear, obey.
 (Herman Stuempfle, 1923-2007)

***Opening Hymn** Jesu, Joy of Our Desiring VU #328

***Jesu, joy of our desiring,
 holy wisdom, love most bright;
 drawn by you, our souls aspiring
 soar to uncreated light.
 Word of God, our flesh that fashioned,
 with the fire of life impassioned,
 striving still to truth unknown,
 soaring, dying round your throne.***

***Through the way where hope is guiding,
hark, what peaceful music rings;
where the flock, in you confiding,
drink of joy from deathless springs.
Theirs is beauty's fairest pleasure;
theirs is wisdom's holiest treasure.
You, forever, lead your own
in the love of joys unknown.***

Gathering Prayer

In this season of Thanksgiving
When we celebrate the satisfaction of our wants
and lend our worship to what pleases us,

***Help us to say "Thanks,"
And to say "no more, thank you."
That we may say we are living by a Word that feeds our souls.***

As we float along on the low-humming music of fulfilled desires
we have been able to meet with our wealth
and personal power

***Help us to step to serving others
and follow the One who taught us how much is enough.***

As we recline on our ability to weather any storm
or cushion our fall if we accidentally get too close to the edge

***Help us to feel the vertigo of individuality
and step back
into the grace of trusting in you
and your history of caring for us when we overstep ourselves.***

***On the days we are tempted to see ourselves at the centre of this universe
self-sufficient, powerful, even invincible;
nudge us into the wilderness
where we can be alone with our thoughts
and learn to pray.
Amen.***

Introit For God Will Give the Angels E. Daley

For God will give the angels charge over you,
to guard you in all your ways.
(Psalm 91:11)

Scripture Reading Luke 4:1-13 (The Inclusive Bible)

Prayers of the People and The Lord's Prayer in Time of Conflict¹

**Our Parent, who art in heaven,
slow to anger, and of great mercy,
lover of all peoples of the earth,
Hallowed be thy Name.**

**Remind us that "all the nations are as nothing before thee,"
their governments but a shadow of passing age;
Thy kin-dom come on earth.
Grant to thy children throughout the world,
and especially to the leaders of the nations,
the gift of prayerful thought and thoughtful prayer;
that following the example of Jesus,
we may discern what is right, and do it;**

**Thy will be done on earth,
as it is in heaven.
Help us to protect and to provide
for all who are hungry and homeless,
especially those who are deprived of food and shelter,
family and friends,
by the tragedy of war;**

**Give us this day our daily bread.
Forgive us for neglecting to "seek peace and pursue it," and finding ourselves
in each new crisis,
more ready to make war than to make peace.**

**"We have not loved thee with our whole heart;
we have not loved our neighbours as ourselves";**

**Forgive us our trespasses,
as we forgive those who trespass against us.**

**Let us not seek revenge, but reconciliation;
Let us not delight in victory,
but in justice;
Let us not give ourselves up to pride,
But to prayer;**

Lead us not into temptation.

**Be present to all thy children ravaged by war:
Be present to those who are killing
and to those who are being killed;
Be present to the loved ones of those who are killing
and to the loved ones of those who are being killed;**

**Deliver us from evil.
Subdue our selfish desires to possess and to dominate,
and forbid us arrogance in victory;
For thine is the kin-dom,
and the power, and the glory, forever and ever.
Amen.**

Anthem

I Will Lift Up Mine Eyes

E. Daley

I will lift up mine eyes unto the hills, from whence cometh my help.
My help cometh even from the Lord, who hath made heaven and earth.
He will not suffer thy foot to be moved: and he that keepeth thee will not sleep.
Behold, he that keepeth Israel shall neither slumber nor sleep.
The Lord himself is thy keeper: the Lord is thy defense upon thy right hand.
So that the sun shall not burn thee by day, neither the moon by night.
The Lord shall preserve thee from all evil: yea, it is even he that shall keep thy soul.
The Lord shall preserve thy going out and thy coming in, from this time forth for evermore.
(Psalm 121)

Reflection Four Thousand Weeks

Rev. Dr. Cameron Watts

***Hymn** We Will Take What You Offer

***We will take what you offer, we will live by your word;
we will love one another and be fed by you, Lord.***

***We will take what you offer, we will live by your word;
we will love one another and be fed by you, Lord.***

(John L. Bell, b. 1949)

Living Our Mission and 'More Than One Story'

Introduction of Offering

Offertory Anthem Soli Deo

David Waggoner

Soli Deo gloria! (Glory to God alone!)

Praise God from whom all blessings flow;
Praise Him, all creatures here below;
Praise Him above, ye heav'nly host;
Praise Father, Son, and Holy Ghost.

Soli Deo gloria!

Praise God for His amazing love;
For grace and mercy from above.
We'll praise Thee, Father, all our days;
And praise Thee for Thy Holy ways.

Soli Deo gloria!

All people that on earth do dwell;
Sing to the Lord with cheerful voice;
Serve Him with love, His praises tell;
Come ye before Him and rejoice!

Soli Deo gloria!

(Words from Traditional Latin, the Doxology by Thomas Ken, 1709,
and Psalm 100, paraphrased by William Kethe, 1560)

*** Presentation of the Offering**

*In gratitude and humble trust
We bring our best today,
To serve your cause and share your love
With all along life's way.
O God, who gave yourself to us
In Jesus Christ, your Son,
Teach us to give ourselves each day
Until life's work is done.*

***Sending Out** from "The Book of Monastic Life, I.6²

Rilke

You God, who live next door--
If at times, through the long night, I trouble you
with my urgent knocking--
this is why: I hear you breathe so seldom.
I know you're all alone in that room.
If you should be thirsty, there's no one
to get you a glass of water.
I wait here listening, always. Just give me a sign!
I'm right here.
As it happens, the wall between us
is very thin. Why couldn't a cry
from one of us
break it down? It would crumble
easily,
it would barely make a sound.

***Choral Commissioning**

E. Daley

(The choir will sing through once, and then the congregation is invited to join in.)

*May God's love surround you,
may God's wisdom guide you,
may God's light shine upon you,
until we meet again.*

Postlude

8.

¹ Wendy Lyons, adapted, with permission.

² Rilke, "Love Poems to God".

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